

"Return to roots" means going back to where one came from, embracing original values, traditions, or culture.

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Saving traditions is important because they help us understand who we are, teach us important values, bring communities together, provide stability, celebrate diversity, and offer comfort during tough times.



What brings us together is:

- sharing values,
- goals - to get to know each other
- respect - boundaries and traditions
- communication - evening walks, spending the whole day together
- teamwork - active games, singing
- shared experiences - cultural connections

1. We discussed our different traditions and different cultures
2. Relieved in separate area
3. Learned how to communicate and interact with people with distinct habits



Latvia will remain in our memories:

- Rye bread
- Cathedrals with different cultures
- New friendships



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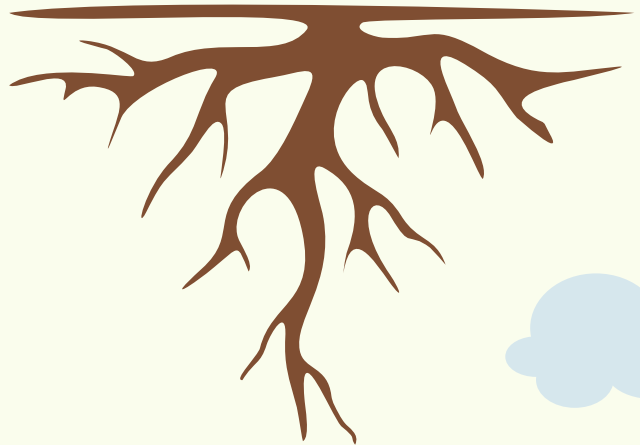
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Return to Roots



WHAT DOES THE NOTION "RETURN TO ROOTS" MEANS?

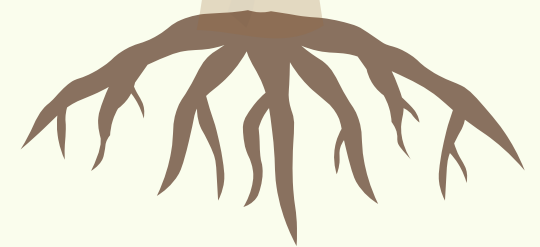
Returning to roots means getting to know your country's and other country's culture and traditions.



WHY SHOULD WE SAVE OUR TRADITIONS?

Because traditions are what makes us different and unique.

We should pass traditions to next generations to remember past and not to lose the charm of our own country or nationality.



WHAT JOINS US TOGETHER?

We have the same religion and holidays celebrating in similar ways, at Easter we all paint eggs!



ACTIVITIES

One of the most important achievements was dancing and singing in school. Also we got to know about the different religions and confessions.

MEMORIES

We will remember the time we spent with our host families. Also we will remember the excursions, where we learnt about the history and culture of Latvia.

RETURN TO ROOTS

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WHAT DOES "RETURN TO ROOTS" MEAN?

Return to roots is about learning how your culture and traditions are as they are, where you can see your old traditions and learn about your past. Also, return to roots means that you can learn about how history can affect your traditions and culture.



WHY SHOULD WE SAVE OUR TRADITIONS?

Traditions are unique and one of a kind.

Traditions make us unique and differentiate us from others.

Traditions are a good bonding experience.

WHAT JOINS US TOGETHER?

- Traditions as celebrating Easter and Christmas;
- Curiosity about each other's country;
- Some similar history events;
- Each country has many different dialects.



WHAT ARE THE MOST IMPORTANT ACHIEVEMENTS WE GOT IN THIS PROJECT?

- Learn about each other's culture and food traditions;
- New friends;
- Improvement of language skills;
- Travelling;
- Visiting new places that you can't do in your daily life;
- Learning something new during the workshops.



WHAT MEMORIES WILL REMAIN WITH YOU AFTER THIS MOBILITY?

- People and new friends;
- The workshops;
- Traditional dances;
- Families we lived with;
- Places we visited;
- Evening activities.

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Why should we save/pass our traditions for next generation ?

- Cultural Identity
- Passing on Values
- Community Cohesion
- Historical Preservation
- Emotional Connection

What joins us together?

- Easter and Christmas
- Hockey and volleyball
- Religion
- Friendly people
- Summer holidays



Erasmus+



RETURN TO ROOTS

05.04.2024-12.04.2024

- Norway
- Slovakia
- Latvia
- Cyprus





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Memories from the mobility in Latvia:

- traditional food
- history
- dances
- traditional games and activities (Matryoshka, kokle)
- entertainment (volleyball games, bowling, attractions)
- friendship

What does "Return to Roots" mean?

- reconnect with other origins, heritage, traditions or fundamental principles.
- gain a lot of knowledge by revisiting ones culture family or personal background (to find about their authenticity and sense of their identity.)

The most important achievements:

- knowledge about other cultures' traditions
- memories and experience
- knowledge about religions
- improving English (learning some phrases from different languages)
- new friends (get to know people)

Achievements

The mobility helped us socialise with different people from various countries and help us provide knowledge about participating countries' cultures.

Traditions

Saving our traditions is important because it helps us preserve and maintain cultural identity and the heritage that are ancestors left us.

What does “Return to roots” mean?

Notion 'Return to roots' means to appreciate and respect someone's origin and traditions .

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What unites us together?

One of the most important things that unites us together is our Religion - Christianity. All of us have very rich history and roots that go from generation to generation.

What memories will remain with us?

Time spent together is unforgettable thing for everyone. Late night walks, jokes we all were laughing about, cultural places and sights, and learning foreign words in Slovakian, Greek, Norwegian, Latvian, and Russian.



Thanks!



RETURN TO ROOTS

GOING BACK TO WHERE YOU CAME
FROM,
TRADITIONS OR CULTURE, IT'S ABOUT
REMEMBERING AND EMBRACING
WHERE YOU'RE FROM AND WHAT'S
IMPORTANT TO YOU.

Why should we save our traditions?

- Keep traditions alive
- Not to let cultural heritage go to waste or be forgotten
- Keep intact cultural handcrafts and other cultural practises

Why should we pass traditions from generation to generation?

- Remember where we came from
- Keep cultural practises alive
 - Traditions bring people together
 - Traditions give a sense of identity
- Honour our culture and the people who were before us



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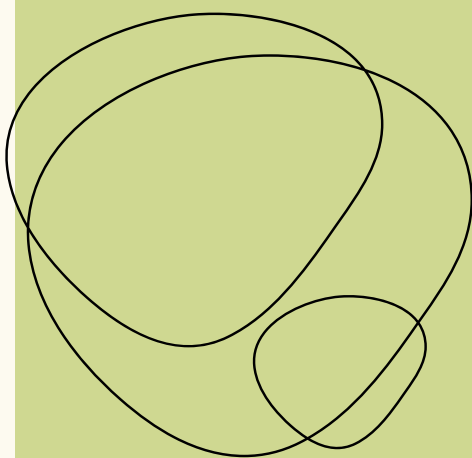


what joins us together?

- Midsummer celebrations in Latvia and Norway
- Easter customs in Slovakia and Cyprus..
- curiosity about other cultures

The most important achievements:

- Learning about a new lifestyle
- We baked traditional bread
- We made posters
- Communicated in different languages
- Made friends from different countries



Memories that will remain:

- The travel from our perspective countries
- The school activities: dancing, playing on spoons and egg rolling..
- The bread museum
- At the end of the day, Latvia is the friends we made along the way

